

# <u>Civil Defence, Maharashtra</u> ( <u>Mumbai</u> )

# Advisory for Citizens in a War-like Situation

Issued by: Civil Defence, Maharashtra, Mumbai

In view of potential threats or escalating tensions, the following instructions are issued to help citizens remain safe, prepared, and informed during a war-like situation.

#### 1. Stay Informed and Alert:-

- Follow official government channels (TV, radio, verified social media, local authorities) for updates and instructions.
- Avoid spreading rumors or unverified information that may cause panic.
- Download official alert/notification apps, if available.

### 2. Prepare Emergency Essentials:-

Keep a ready-to-use emergency kit that includes:

- Flashlight, batteries, candles
- First aid kit and essential medicines
- Water (at least 3 day's supply) and non-perishable food
- Mobile charger/power bank
- Valid ID documents and some cash
- Important contact numbers

## 3. Understand Basic Safety Protocols:-

- Know the location of nearest shelters, bunkers, or evacuation routes.
- Identify safe areas within your home (preferably windowless, reinforced rooms).
- Practice "lights out" or blackout protocols when instructed.

#### 4. In Case of Air Raid or Missile Alert:-

- Stay indoors immediately; go to a safe, enclosed space.
- Lie low and stay away from windows, glass, and doors.
- Turn off lights and cover windows to avoid visibility from outside.
- Do not use elevators during alerts & use stairs in emergency.

#### 5. For Families and Communities:-

- Discuss a family emergency plan, including communication, meeting points, and roles.
- Check on elderly, differently-abled, and children in your neighbourhood. Also keep check on pets
- Follow instructions from civil defence volunteers, local ward offices, or security personnel.

# 6. Transport & Mobility:-

- Avoid unnecessary travel.
- Comply with traffic control instructions.
- Public transport may be restricted; stay updated on route advisories.

## 7. Cyber & Communication Discipline

- Refrain from sharing sensitive information (e.g., troop movements, critical sites).
- Avoid clicking on or forwarding suspicious links or messages.
- Use communication channels judiciously to keep networks clear for emergency use.

### 8. Remain Calm & Cooperative

- Panic leads to chaos stay composed and help others stay informed.
- Obey curfews, movement restrictions, and other emergency orders.
- Assist and support local authorities whenever needed.

## 9. In case of emergency, contact:

- Disaster Management Helpline: 1916 / 1070
- Mumbai Police: 100 / 112
- Mumbai Fire Brigade: 101, 23085992
- Ambulance: 108
- Women Helpline: 103
- Child Helpline: 1098
- Forest: 1926
- Gas Leakage (LPG): 1906
- BEST Power (City): 8828830288, 9930901193
- Adani Energy (Western Suburbs & Some Parts of Eastern Suburbs: 5054911, 50547225
- MSEB (Eastern Suburbs): 9930269398
- Tata Power (Chembur): 67175369
- Railway Protection Force: 182

**10. Remember:-** Preparedness saves lives. Your awareness, discipline, and unity are vital in ensuring national and local safety.